



# Wellness for Women

GYNECOLOGY FOR WOMEN OF ALL AGES  
M D L A S E R S K I N A E S T H E T I C S

## Patient Information

Referring Physician: \_\_\_\_\_ Date: \_\_\_\_\_

Patient Legal Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Local Full Address: \_\_\_\_\_

Out of State Address: \_\_\_\_\_

Primary Phone: \_\_\_\_\_ Secondary Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Marital Status: Married \_\_\_ Single \_\_\_ Divorced \_\_\_ Widowed: \_\_\_ Gender: \_\_\_ Social Security Number: \_\_\_\_\_

Emergency Contact Name and Phone Number: \_\_\_\_\_ Relationship

Employer Name and Phone Number: \_\_\_\_\_

## Insurance Information

Insurance Company: \_\_\_\_\_ Policy #: \_\_\_\_\_ Group #: \_\_\_\_\_

Policy Holder Name: \_\_\_\_\_ Relationship to Patient: \_\_\_\_\_ Policy Holder DOB: \_\_\_\_\_

**Secondary Insurance:** \_\_\_\_\_ Policy #: \_\_\_\_\_ Group #: \_\_\_\_\_

## Cancellation/ No Show Appointment Policy

It is the patient's responsibility to keep their reserved appointments time. Appointments that you book are time we specifically set aside for you. Due to the high demand for appointments, if you do not arrive for your scheduled appointment on time without a 48-hour cancellation notice, you will be responsible for a non-refundable fee. The following fees will be charged for missed appointment or late cancellation:

**Scheduled Office Visit: \$125.00      Scheduled In-Office Procedure: \$150**

**Surgical Procedures: \$750.00 (All surgery cancellations require a 10-day notice)**

**\*ALL RETURNED CHECKS WILL RESULT IN \$60.00 ADMINISTRATIVE FEE\***

## Patient Financial Responsibility

We cannot guarantee that we are a participating provider with your insurance. It is the patient's responsibility to know if we are on your provider list. All patients are responsible for office co-pays, deductibles, coinsurance and any non-covered services coinsurance at the time of service, unless it is solely covered, in full, by Medicare or your insurance company. A 3% convenience fee will be added to all credit card payments. All transactions \$33.00 or less will have a \$1.00 convenience fee.

I have read and understand my financial responsibilities. By signing below, I understand and agree to the policy outlined above.

\_\_\_\_\_  
Patient Name

\_\_\_\_\_  
Patient Signature

\_\_\_\_\_  
Date

**www.WellnessForWomenOfNaples.com**

6610 Willow Park Drive, Suite 102 Naples, FL 34109

Ph: 239-262-3100 Fax: 239-262-3101

**Acknowledgement of Receipt of Notice of Privacy Practices**  
**Consent for Purpose of Treatment, Payment & Healthcare Operations**

I consent to use or disclose my protected health information by Tracye L. Zlobl, M.D., P.A. (DBA-Wellness for Women) for the purpose of diagnosing or providing treatment to me, obtaining payment for my health care bills or to conduct healthcare operations of Wellness for Women.

I understand that diagnosis or treatment of me by Wellness for Women may be conditioned upon my consent as evidenced by my signature on this document.

I understand that I have the right to request a restriction as to how my protected health information is used or disclosed to carry out treatment, payment or health care options. Tracye L. Zlobl, M.D., P.A. / Wellness for Women is not required to agree to the restrictions that I may request. However, if Dr. Zlobl agrees to a restriction that I request, the restriction is binding on the practice.

I have the right to revoke this consent, in writing, at any time, except to the extent that Tracye L. Zlobl, M.D. has taken action in reliance on this consent.

My "protected health information" means health information, including my demographic information collected from me and collected or received by my physician, another health care provider, a health plan, my employer, or a healthcare clearinghouse. This protected health information related to my past, present or future physical or mental health or condition and identifies me, or there is reasonable basis to believe the information may identify me.

I understand that I have the right to review Dr. Tracye Zlobl's notice of privacy practices prior to signing this document.

The Notice of Privacy Practices for Tracye Zlobl M.D. describes the types of uses and disclosures of my protected health information that will occur in my treatment, payment of my bills, or the performance of health care operations.

**A summary of the Notice of Privacy Practices for Wellness for Women is posted in the waiting room.**

This Notice of Privacy Practices also describes my rights and the duties of Wellness for Women with respect to my protected health information.

I may obtain a revised Notice of Privacy Practices by contacting Wellness for Women located at 6610 Willow Park Drive Suite 102 Naples, FL 34109.

By signing below, I acknowledge that I was provided a copy of the Notice of Privacy Practices and that I have read them or declined the opportunity to read them.

\_\_\_\_\_  
Printed Patient Name and Signature (or legal guardian)

\_\_\_\_\_  
Date

**Release of Information**

Your physician has remote access to the electronic medical record of the **NCH Healthcare System** and can view and testing or treatments provided to you at an NCH facility. Your permission is required to allow your physician remote access to your medical records, in the event you need an emergency room follow up appointment.

I, (*print name here*) \_\_\_\_\_ with a date of birth of \_\_\_\_\_

Authorize my physician's office, **Wellness For Women**, remote access to my NCH electronic medical records (or that of my child under the age of 18) for purposes of care of treatment.

**This form is to be retained by the physician and available to NCH upon request.**

\_\_\_\_\_  
Signature of Patient

\_\_\_\_\_  
Date



## Consent for Pelvic Examination

According to The American College of Obstetricians and Gynecologists, the pelvic examination is part of the evaluation of women presenting with many common conditions, including pelvic pain, abnormal bleeding, vaginal discharge and sexual problems. Pelvic exams – both in the office and while under anesthesia – are also an important part of evaluation for gynecological procedures to ensure safe completion of the planned procedure. Often, a pelvic examination is performed for women without symptoms while looking for gynecologic cancer, infection, and pelvic inflammatory disease.

A pelvic examination is an assessment of the external genitalia; internal speculum examination of the vagina and cervix; bimanual palpation of the adnexa, uterus, and bladder; and sometimes rectovaginal examination.

Reasons for a pelvic exam can include (but are not limited to) health screening, abnormal bleeding, pelvic pain, sexual problem, vaginal bulge, urinary issues, or inability to insert a tampon. Other indications include patients undergoing a pelvic procedure (e.g., endometrial biopsy or intrauterine device placement). Also, pelvic examination is indicated in women with current or history of abnormal pap results, gynecologic cancers or toxic exposures. The potential benefits of a pelvic examination include the detection of vulvar, vaginal, cervical, uterine and ovarian cancers and precancers, yeast and bacterial vaginosis, trichomoniasis, genital herpes, other sexually transmitted infections including human papilloma virus and early detection of treatable gynecologic conditions before symptoms begin occurring (e.g., vulvar and vaginal cancer), as well as incidental findings such as dermatologic changes and foreign bodies. Additionally, screening pelvic examinations in the context of a well woman visit may allow gynecologists to explain a patient's anatomy, reassure her of normalcy, and answer specific questions.

The potential risks of having a pelvic examination may include (but are not limited to) fear, anxiety, embarrassment, or pain and discomfort.

There are few alternatives to pelvic examination, the alternatives are not as effective for providing diagnostic or evaluate information and carry their own set of potential risks. If you have concerns, you should discuss with your healthcare provider.

I \_\_\_\_\_ understand that this patient consent form is required by law. I understand that I need to sign this form to show that I am making an informed decision to have pelvic examinations and I have read and understand the above.

The provider or their delegate has explained to me the nature, purpose and possible consequences of each procedure as well as risks involved, possible complications, and possible alternative methods of treatment. I also know that the information given to me does not list every possible risk and that other less likely problems could occur. I was not given any guarantee from anyone about the final results of this procedure.

\_\_\_\_\_  
Patient Signature

\_\_\_\_\_  
Date

**[www.WellnessForWomenOfNaples.com](http://www.WellnessForWomenOfNaples.com)**

Tracye L. Zlobl, M.D. Amy G. Votta, MSN, APRN  
6610 Willow Park Drive, Suite 102 Naples, FL 34109  
Ph: 239-262-3100 Fax: 239-262-3101



## **Portal System and Prescription Refills**

Our goal for using the Portal is to create an efficient system for patient-provider communication.

We will be utilizing a patient portal to provide you with your results. This is also an efficient system if you have a question. This system is not to be used to treat symptoms or report emergencies. Messages will be checked only during normal business hours.

Please do not call the office for your test results – you will be referred to check the Portal. For hormone results either you will be scheduled for a follow up or the results will be posted to the portal. If you do not sign up for the portal you need to schedule an office visit to review your results.

You will be contacted about any significant abnormal results as soon as it has been reviewed by your Provider.

Refill requests must be made through your pharmacy. We are “E-prescribing”. If we receive duplicate requests from the patient and the pharmacy it will slow response time. When your refills expire, your pharmacy will offer to contact the office or request they do so on your behalf. Please allow 72 hours from time of request for response or refill. Prescriptions for controlled medications (ex. Testosterone, anxiety and sleeping medications) expire every six months and require an office visit for refills.

We appreciate your cooperation and thank you for using the patient portal. By signing below, you acknowledge the purpose of the portal and the office policy on refills and results.

\_\_\_\_\_  
Printed patient name

\_\_\_\_\_  
Patient Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Email address

**[www.WellnessForWomenOfNaples.com](http://www.WellnessForWomenOfNaples.com)**

Tracye L. Zlobl, M.D.      Amy G. Votta, MSN, APRN  
6610 Willow Park Drive, Suite 102 Naples, FL 34109  
Ph: 239-262-3100 Fax: 239-262-3101



## CONTACT CONSENT FORM

Date: \_\_\_\_\_

*Initial one line below*

\_\_\_\_\_ I **DO NOT** give Wellness For Women permission to discuss pap, pathology, lab results, or any other health information with anyone other than myself.

\_\_\_\_\_ I **DO** give Wellness For Women permission to discuss pap, pathology, lab results or any other health information with the following person (s):

\_\_\_\_\_  
**Name**

\_\_\_\_\_  
**Relationship**

*Initial one line below*

\_\_\_\_\_ I **DO NOT** give Wellness For Women permission to leave detailed messages on my answering machine/voicemail regarding pap, pathology and lab results.

\_\_\_\_\_ I **DO** give Wellness For Women permission to leave detailed messages on my answering machine/voicemail regarding pap, pathology and lab results. The following number should be called:

\_\_\_\_\_  
**Phone Number**

### POLICY

If at any time you wish to change the above information, it is your responsibility to notify the office and to complete a new Contact Consent Form. By signing below, you acknowledge the Wellness For Women Contact Consent Form Policy.

\_\_\_\_\_  
**Printed Name**

\_\_\_\_\_  
**Signature**

\_\_\_\_\_  
**Date**

**[www.WellnessForWomenOfNaples.com](http://www.WellnessForWomenOfNaples.com)**

Tracye L. Zlobl, M.D. Amy G. Votta, MSN, APRN  
6610 Willow Park Drive, Suite 102 Naples, FL 34109  
Ph: 239-262-3100 Fax: 239-262-3101



# Wellness for Women

GYNECOLOGY FOR WOMEN OF ALL AGES  
M D LASER SKIN AESTHETICS

Date: \_\_\_\_\_

**PROTECTED HEALTH INFORMATION**

Referred by: \_\_\_\_\_

Name: \_\_\_\_\_ Preferred Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_

Reason for visit: \_\_\_\_\_  Routine GYN Care  Problem Visit

Preferred Pharmacy and location: \_\_\_\_\_

Personal History	YES	NO		YES	NO
Anemia	<input type="checkbox"/>	<input type="checkbox"/>	Heart Murmur	<input type="checkbox"/>	<input type="checkbox"/>
Anxiety	<input type="checkbox"/>	<input type="checkbox"/>	Heart Disease	<input type="checkbox"/>	<input type="checkbox"/>
Arthritis	<input type="checkbox"/>	<input type="checkbox"/>	Herpes	<input type="checkbox"/>	<input type="checkbox"/>
Artificial Heart Valve	<input type="checkbox"/>	<input type="checkbox"/>	High Blood Pressure	<input type="checkbox"/>	<input type="checkbox"/>
Atrial Fibrillation (AFIB)	<input type="checkbox"/>	<input type="checkbox"/>	HIV/ AIDS	<input type="checkbox"/>	<input type="checkbox"/>
Asthma	<input type="checkbox"/>	<input type="checkbox"/>	HPV/ Warts	<input type="checkbox"/>	<input type="checkbox"/>
Blood Transfusion	<input type="checkbox"/>	<input type="checkbox"/>	Kidney/ Urinary Infections	<input type="checkbox"/>	<input type="checkbox"/>
Bowel Trouble	<input type="checkbox"/>	<input type="checkbox"/>	Migraines	<input type="checkbox"/>	<input type="checkbox"/>
Breast Cancer	<input type="checkbox"/>	<input type="checkbox"/>	Mood Disorders	<input type="checkbox"/>	<input type="checkbox"/>
Cancer: _____	<input type="checkbox"/>	<input type="checkbox"/>	Osteopenia	<input type="checkbox"/>	<input type="checkbox"/>
Crohn's	<input type="checkbox"/>	<input type="checkbox"/>	Osteoporosis	<input type="checkbox"/>	<input type="checkbox"/>
Colitis	<input type="checkbox"/>	<input type="checkbox"/>	Pneumonia	<input type="checkbox"/>	<input type="checkbox"/>
Chicken Pox	<input type="checkbox"/>	<input type="checkbox"/>	Rheumatic Fever	<input type="checkbox"/>	<input type="checkbox"/>
Chlamydia	<input type="checkbox"/>	<input type="checkbox"/>	Sexually Transmitted Infections	<input type="checkbox"/>	<input type="checkbox"/>
Depression	<input type="checkbox"/>	<input type="checkbox"/>	Stroke	<input type="checkbox"/>	<input type="checkbox"/>
DVT (blood clots)	<input type="checkbox"/>	<input type="checkbox"/>	Syphilis	<input type="checkbox"/>	<input type="checkbox"/>
Diabetes	<input type="checkbox"/>	<input type="checkbox"/>	Tuberculosis (TB)	<input type="checkbox"/>	<input type="checkbox"/>
Eating Disorder	<input type="checkbox"/>	<input type="checkbox"/>	Thyroid Disease	<input type="checkbox"/>	<input type="checkbox"/>
Fracture	<input type="checkbox"/>	<input type="checkbox"/>	Ulcers	<input type="checkbox"/>	<input type="checkbox"/>
Glaucoma	<input type="checkbox"/>	<input type="checkbox"/>	Do you have a history of <b>other</b> illnesses or injuries? _____		
Gonorrhea	<input type="checkbox"/>	<input type="checkbox"/>	_____		
Headaches	<input type="checkbox"/>	<input type="checkbox"/>	_____		

**When was your last Test or Immunization?**

	DATE		DATE
Bone Density (DEXA)		COVID-19 Vaccine	
Colonoscopy/ Endoscopy		Mammogram	
Flu Vaccine		Last Pap Smear	
Gardasil Vaccine		History of abnormal pap	
Shingles Vaccine		<input type="checkbox"/> LEEP <input type="checkbox"/> CRYO	

**Surgical Procedures and Hospitalizations:**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**List current medications with strength and dosage, including natural/herbal, over the counter medications, vitamins and minerals:**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Drug Allergies:**

\_\_\_\_\_

\_\_\_\_\_



# Wellness for Women

GYNECOLOGY FOR WOMEN OF ALL AGES  
MD LASER SKIN AESTHETICS

Family History	YES	NO	Which Blood Relative	Maternal/Paternal	Age
Hereditary Cancers:	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____	_____
Breast Cancer	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____	_____
Colorectal Cancer	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____	_____
Endometrial Cancer	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____	_____
Gastric Cancer	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____	_____
Melanoma Cancer	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____	_____
Ovarian Cancer	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____	_____
Pancreatic Cancer	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____	_____
Prostate Cancer	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____	_____
Other: _____	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____	_____
Depression	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____	_____
DVT (blood clots)	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____	_____
Anxiety	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____	_____
Diabetes	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____	_____
Heart Disease	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____	_____
High Blood Pressure	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____	_____
High Cholesterol	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____	_____
Stroke	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____	_____
Other: _____	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____	_____

## Your Personal Social History

Do you have a calcium rich diet?  Yes  No

Do you exercise?  Yes  No If yes, how many times per week? \_\_\_\_\_

Do you smoke?  Yes  No If yes, packs per day \_\_\_\_\_ how many years? \_\_\_\_\_ Quit smoking?  Yes  No if yes, when did you stop? \_\_\_\_\_

Do you vape nicotine?  Yes  No If yes, what nicotine dosage? \_\_\_\_\_

Do you drink alcohol?  Yes  No If yes, drinks per day \_\_\_\_\_ Drinks per week \_\_\_\_\_

Illicit drug use?  Yes  No  Previously If yes or previously, type of drug use \_\_\_\_\_ Frequency \_\_\_\_\_

Do you have a history of abuse?  Yes  No If yes,  Physical  Emotional  Sexual

Partnership status:  Married  Single  Engaged  Divorced  Widowed  Significant other

Occupation: \_\_\_\_\_

## Your Obstetric History

	Number		Number
Total # of pregnancies		Total # of abortions/terminations	
Total # of full-term births		Total # of living children	
Total # of premature deliveries (<37 weeks)		Total # of vaginal deliveries	
Total # of miscarriages		Total # of C-Sections	



*Wellness for Women*

GYNECOLOGY FOR WOMEN OF ALL AGES  
M D L A S E R S K I N A E S T H E T I C S

### Your Gynecologic History

Are you menopausal?  Yes  No If yes, age when menopause started: \_\_\_\_\_

Are bothered by menopause symptoms?  Yes  No If yes, what are your symptoms?  
\_\_\_\_\_  
\_\_\_\_\_

If you still get a menstrual cycle: Do you use birth control?  Yes  No If yes, what type of birth control do you use? \_\_\_\_\_

Birth control patch (name) \_\_\_\_\_  IUD (type and date inserted) \_\_\_\_\_

Birth control pill (name) \_\_\_\_\_  Natural family planning method

Condoms  Nuva Ring  Contraceptive Foam/Jelly  Depo Provera  Diaphragm  Vasectomy  Withdrawal

None  Other

What age did you begin menstruation? \_\_\_\_\_ How many days are there from the start of your period to the start of your next period? \_\_\_\_\_

How many days does your period last? \_\_\_\_\_ Flow of period:  Light  Moderate  Heavy

Do you have menstrual cramps?  Yes  No If yes,  Mild  Moderate  Severe

Do you have break through bleeding?  Yes  No  Not applicable Date of last period: \_\_\_\_\_

Do you have bothersome urinary urgency or leaking?  Yes  No

Are you sexually active?  Yes  No

Age of first intercourse: \_\_\_\_\_

Any new sexual partners in the last year?  Yes  No

Do you have sex with:  Men  Women  Both

Lifetime sexual partners:  One  Less than 5  More than 5

Are you have any pain related to sexual function?  Yes  No If yes, what? \_\_\_\_\_

Are you bothered by decreased level of sexual desire or interest?  Yes  No

**www.WellnessForWomenOfNaples.com**

Tracye L. Zlobl, M.D. Amy G. Votta, MSN, APRN  
6610 Willow Park Drive, Suite 102 Naples, FL 34109  
Ph: 239-262-3100 Fax: 239-262-3101